



## Winter 2022 Indoor Training protocols for players and parents

*Guidance has been updated in line with the Government's Autumn/Winter plan dated 23<sup>rd</sup> December 2021*

**Please note: We will be encouraging social distancing before, during and after training.**

### **Before attending:**

- Before attending training we ask all participants, officials, volunteers and spectators to self-assess for symptoms of coronavirus (COVID-19). If you have one or more of these symptoms you should not attend any training session, even if your symptoms are mild. You should follow [NHS guidance on testing and self-isolation](#).
- Consider taking a lateral flow test if possible before training.
- **Self-isolation:** Players should not take part in training if they need to self-isolate (for example, because they have tested positive or are asked to self-isolate by NHS Test and Trace).
- Please can all participants wash their hands at home before and after training.
- Bring your own hand sanitiser if possible and practise good hand hygiene at all times.
- Players need to come to training ready changed in cricket kit as we are not using changing rooms.

### **Arrival and start of session**

- Please arrive no earlier than 5 minutes before your session starts.
- Please can parents and players wait **outside** the Yateley Manor Sports Hall. To reduce numbers no spectators will be allowed inside the entrance or sports hall.
- Coaches will collect players to escort them inside and register them.

### **End of session**

- Please arrive 5 minutes before the 'official' end of the session.
- Please collect your daughter from the side of the sports hall outside the fire exit (walk just beyond the sports hall entrance and turn left).



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- Coaches will sign out your daughter and ensure they are safely returned to you.

### **During sessions**

- Face coverings are not required to be worn when players are exercising.
- Training sessions are being organised to minimise close contact.
- Shared equipment such as balls, stumps or plastic bats will be regularly sanitised.
- Helmets may not be shared between players.
- Toilets can be used on a one in/one out basis.

### **After training sessions**

- Please take all your belongings and kit home with you.
- Please wash your hands again at home after training.

Please note the YCC indoor Risk assessment will be available to view on the YCC website.